

< 科目名 Subject > Traditional Japanese Arts (Tea Ceremony, Flower Arrangement)

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(Tea Ceremony)

< 授業の到達目標及びテーマ Class Theme >

Study the traditional Japanese tea ceremony

< 授業の概要 Summary >

In this class, students will learn the fundamentals and tools of the tea ceremony, and practice the simple *Bonryaku Temae* tea-making procedure.

< 授業計画 Class Plan >

1. Tea ceremony fundamentals, Urasenke school of tea ceremony, how to receive tea
2. *Warigeiko* (Fundamental practice), handling the silk cloth
3. *Bonryaku Temae* 4. *Bonryaku Temae*
5. Practice 6. Practice

< 評価方法 Evaluation >

Evaluation is based on a practical skill assessment.

(Flower arrangement)

< 授業の到達目標及びテーマ Class Theme >

Foundations of free-form flower arrangement. Students will perceive the life of the vegetation of the four seasons and express happiness through flower arrangement.

< 授業の概要 Summary >

Receive instruction in the traditional and creative art of *ikenobou* flower arranging, whose history extends for more than 500 years. Of the modern styles of *tachibana*, *ikebana*, and free-form arrangements, this class concentrates on the free-form method.

< 授業計画 Class Plan >

1. History of *ikenobou*, introduction to flower-arranging styles and practical skills (take-home vases)
2. Basic *ikebana* knowledge and practical skills (using a vase at school), water absorbing method, using *ikebana* tools and materials
- 3-6 Practice

< 評価方法 Evaluation >

The evaluation is based on attendance and a practical skill assessment.